



# **Walking on Eggshells: Navigating the Delicate Relationship Between Adult Children and Parents**

*Jane Isay*

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On giving advice:

They Don't Want It.

They Don't Hear It.

They Resent It.

Don't Give It.

We raise our children to be independent and lead fulfilling lives, but when they finally do, staying close becomes more complicated than ever. And for every bewildered mother who wonders why her children don't call, there is a frustrated son or daughter who just wants to be treated like a grownup. Now, renowned editor Jane Isay delivers the perfect gift to both parents *and* their adult children—real-life wisdom and advice on how to stay together without falling apart.

Using extensive interviews with people from ages twenty-five to seventy, Isay shows that we're far from alone in our struggles to make this new, adult relationship work. She offers up groundbreaking insights and deeply moving stories that will inspire those in even the toughest situations. Isay's warmth and wit shine through on every page as she charts an invaluable course through the confusing, and often painful, interactions parents and children can face. *Walking on Eggshells* is the much-needed road map that will keep you connected to the people you love most.

*From the Trade Paperback edition.*



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