



Building Family Values: Using the Tools of Bonding and Boundaries

Dr. Rodney Dean, Dr. Nancy Dean

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Without knowing what you believe or what is important to you, there is no foundation for building a strong family. *Building Family Values: Using the Tools of Bonding and Boundaries* offers a unique perspective specifically designed to help you establish that foundation as you:

- set goals and determine values
- gain insight on how to bond as a family
- learn to set clear boundaries, respecting each other's identity
- learn ready-to-use communication skills
- discover how to solve problems and manage anger
- see a scriptural viewpoint of the equalitarian relationship between a husband and wife
- gain understanding and ideas for improving relationships through case examples.

Improve your family life by implement the biblically based principles and methods presented in this book by experienced marriage and family therapists. 202 pages.

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