



# How We Became Fat: A Novel

*Prakash Seshadri*

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## **How We Became Fat: A Novel** Prakash Seshadri

Just as down-and-out newspaper vendor Willie Barnes considers his life's downward trajectory, a knock on the door by newspaper reporter Jason Lieberman reopens Willie's past and enlists him to help uncover the cause of America's obesity epidemic.

While working on a nonfiction book, Lieberman comes across the existence of a powerful food additive produced by global food and agricultural conglomerate AGWorld.

Developed in the 1970s by Dr. John Stevenson, an appetite and obesity specialist, the additive simply causes people to eat more. Willie Barnes and his friend, Charles Mohr, worked in Stevenson's lab. Now an MD, Mohr runs a weight-loss clinic while Stevenson recuperates from a mental breakdown in Switzerland. And behind it all stands Gordon Irving, US Secretary of Agriculture, former AGWorld CEO, and would-be vice presidential nominee.

Jason Lieberman believes a sinister connection exists between AGWorld, Irving, and America's spiking obesity rates—and he wants Willie's help getting to the bottom of it all.

A fast-paced thriller incorporating biology, technology, conspiracy theories, and the greatest epidemic of our age, *How We Became Fat* explores the obesity crisis in America in a gripping and thought-provoking story.

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