



Menopause for the MRCOG and Beyond (Membership of the Royal College of Obstetricians and Gynaecologists and Beyond)

Margaret Rees

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This book examines some of the controversies in the management of the menopause and postmenopausal health following publication of the US Women's Health Initiative studies and the UK Million Women Study. It also focuses on how to explain risk to women coping with the menopause and the risks in certain clinical situations. Systemic HRT and non-HRT options for treatment are evaluated, together with diet and lifestyle, alternative and complementary therapies. Conditions associated with the menopause, such as vasomotor symptoms, urogenital and sexual problems, osteoporosis and autoimmune arthritis, breast disease and gynaecological benign and malignant conditions, are covered. The symptoms, diagnosis and treatment of premature menopause, or premature ovarian failure, are detailed, and a section on treating women with concomitant medical problems completes the text. Primarily designed to provide a comprehensive summary for candidates preparing for the Part 2 MRCOG examination, it is also a valuable guide for all healthcare professionals.

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