



So you want to be captain?: Top Tips from Sporting Heroes

Declan Gane

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A captain has many responsibilities and can make or break a team. Success is always sweet, but when it all goes wrong it can be a lonely and stressful job, especially if you are quite young. So who can you go to for help?

So You Want To Be Captain? is the answer. Perfect for young sports-mad readers, it is packed with advice and tips on how to be a great captain and lead your team to success.

What's more, these inspiring words come directly from some of our greatest sporting heroes, including football's Gary Linekar, runner Dame Kelly Holmes and cricket's Michael Vaughan.

From the British curling team to successful Paralympians, from body language to bravery, the book is a wide-ranging, useful and entertaining meditation upon the art of captaincy.



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