



El camino de la hormiga (Enigma) (Spanish Edition)

Ramiro Antonio Calle Capilla

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Las dudas que acucian de continuo al ser humano y el imperio de lo material le conducen a menudo a un callejón sin salida, en el que habitan la desesperanza y la frustración. En esta extraordinaria obra Ramiro Calle y Víctor M. Flores, de distintas generaciones pero tal vez las dos personalidades más relevantes del yoga en España -y autores de Donde meditan los árboles (Arcopress)-, recorren en un fértil diálogo el camino de la hormiga: una senda que permite al individuo encontrarse a sí mismo, a su verdadero yo. Un yo despojado de velos e injerencias, de la intromisión perniciosa del ego y los falsos gurús que proliferan en esta sociedad. Y con ello, hallar la paz y la claridad de espíritu.

"Un libro para aquellos que, perdidos o no, se formulan preguntas. Aquí tienes, lector, respuestas que -estoy convencido- cambiarán tu vida, o al menos el modo en el que la ves. Sumérgete en el texto y desvela los grandes interrogantes de la existencia de la mano de Ramiro y Víctor, que unieron sus caminos por el yoga y te abren en estas páginas la vía de la consciencia, la verdadera transformación del yo y la autorrealización."

ANTONIO GARCÍA MARTÍNEZ

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