



# Healing Days: A Guide for Kids Who Have Experienced Trauma

*Susan Farber Straus*

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Healing Days is a sensitive and reassuring story intended for children who have experienced trauma and covers the feelings, thoughts, and behaviors that many kids have after a bad and scary thing happens. A useful book to read with a parent or therapist, Healing Days emphasizes that children are not to blame for what happened, and that they can get help and look forward to a happy future. Kids will begin to understand their response to the trauma and learn some strategies for feeling safer, more relaxed, and more confident.



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Healing Days: A Guide for Kids Who Have Experienced Trauma can be one of your beginning books that are good idea. We all recommend that straight away because this book has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but nevertheless delivering the information. The author giving his/her effort to set every word into pleasure arrangement in writing Healing Days: A Guide for Kids Who Have Experienced Trauma nevertheless doesn't forget the main stage, giving the reader the hottest and based confirm resource information that maybe you can be certainly one of it. This great information may drawn you into brand new stage of crucial thinking.

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