



# **Essentials of Myers-Briggs Type Indicator Assessment (Essentials of Psychological Assessment)**

*Naomi L. Quenk*

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**Essentials of Myers-Briggs Type Indicator Assessment (Essentials of Psychological Assessment)** Naomi L. Quenk

Quickly acquire the knowledge and skills you need to confidently administer, score, and interpret the MBTI

The popularity of the Myers-Briggs Type Indicator(MBTI) among counselors, psychotherapists, educators, businesses, organizational consultants, and government agencies has made it the most widely used tool for the assessment of healthy personality. In order to use it appropriately and effectively, professionals need an authoritative source of advice and guidance on how to administer, score, and interpret this test. Written by Naomi Quenk-who coauthored the 1998 revision of the MBTI Manual-Essentials of Myers-Briggs Type Indicator Assessment is that source.

Like all the volumes in the Essentials of Psychological Assessment series, this book is designed to help busy mental health practitioners quickly acquire the basic knowledge and skills they need to make optimal use of a major psychological assessment instrument. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as test questions that help you gauge and reinforce your grasp of the informationcovered.

The initial chapters of Essentials of Myers-Briggs Type Indicator Assessment provide step-by-step guidance on test administration, scoring, and interpretation. In the chapters that follow, the author provides expert assessment of the test's relative strengths and weaknesses, valuable advice on its clinical applications, and several illuminating case reports.

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