



# Share the Care: How to Organize a Group to Care for Someone Who Is Seriously Ill

*Cappy Capossela, Sheila Warnock*

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## **You Don't Have to Do It Alone**

Whether you're prepared for it or not, chances are you'll take on the role of caregiver when a family member or friend is affected by a **serious illness** or **injury**, or when you find **your elderly parent needs help**. As you'll soon discover, the range of tasks and responsibilities involved are overwhelming. *Share The Care* offers a sensible and loving solution: a unique group approach that can turn a circle of ordinary people into a powerful caregiving team. *Share The Care* shows you how to:

1. **Create a caregiver "family" from friends, real family members, neighbors, coworkers, and acquaintances.**
2. Hold a meeting to organize your group, and introduce members to the Share The Care systems that guarantee every job will be done and no one person will have to do too much.
3. Discover the hidden talents within the group, make the most of their resources, cope with group issues, and stay together in the face of adversity.

Included here are valuable guidelines, compassionate suggestions, and a simple-to-use workbook section that together offer support to free the patient from worry and the caregivers from burnout. *Share The Care* offers friends and family the best answer ever to the frequently asked question "What can I do?"

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Reading can called thoughts hangout, why? Because when you are reading a book mainly book entitled Share the Care: How to Organize a Group to Care for Someone Who Is Seriously Ill the mind will drift away trough every dimension, wandering in every aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging just about every word written in a publication then become one web form conclusion and explanation this maybe you never get before. The Share the Care: How to Organize a Group to Care for Someone Who Is Seriously Ill giving you a different experience more than blown away your brain but also giving you useful facts for your better life in this era. So now let us teach you the relaxing pattern here is your body and mind are going to be pleased when you are finished studying it, like winning a sport. Do you want to try this extraordinary investing spare time activity?

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