



# Current Diagnosis and Treatment Physical Medicine and Rehabilitation (Current Diagnosis & Treatment)

*Ian Maitin*

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# **Current Diagnosis and Treatment Physical Medicine and Rehabilitation (Current Diagnosis & Treatment)**

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**Maximize your patients' independence, quality of life, mobility, and functional improvement with this evidence-based guide to physical medicine and rehabilitation**

**LANGE**

Valuable to practicing physicians, residents, medical students, as well as recertifying psychiatrists

Includes timely chapters on sports, trauma, cardiac, and spinal rehabilitation

Covers therapeutic exercise and treatment modalities for pain and dysfunction

- Presents a practical approach to the physical medicine and rehabilitation patient, including common pathologies and complications
- Focuses on the clinical aspects of physical medicine and rehabilitation with an emphasis on evidence-based medicine
- Lays down a foundation of anatomy, kinesiology, and biomechanics before progressing to therapeutic exercise and modalities
- Reviews diagnostic and therapeutic procedures performed by physicians such as electrodiagnostics, musculoskeletal ultrasound, and spine and joint injections
- Concludes with a comprehensive review of major primary care issues



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