



Ama tu vida: Como llevar una vida plena, sana y feliz (Spanish Edition)

Victoria Osteen

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Ama tu vida: Como llevar una vida plena, sana y feliz (Spanish Edition) Victoria Osteen
Now available in Spanish Victoria Osteen's *New York Times* bestselling *Love Your Life* provides practical guidance to help women embrace joy and live life to its fullest.

As one of the pillars of Houston's Lakewood Church and the supportive wife and partner of Pastor Joel Osteen, Victoria Osteen is a major figure in the international faith community, whose events draw crowds as large as Joel's. In this inspirational book, she brings to bear the wisdom won in a life spent helping women, children, and families reach their highest potential.

In *Ama tu vida*, Osteen speaks directly to women harried by the pressures of the modern world, providing a pathway to understanding their awesome responsibilities and embracing life's beautiful choices. Whether it's learning how to balance career and family, community and Church, or coping with matters of faith and health, Osteen outlines a simple plan for saying "yes" to life's bountiful gifts and allowing them to enrich every aspect of your life.

Make no mistake: happiness is achievable, and this book will serve as a powerful tool empowering all women to discover their true higher purpose. Victoria's passion and energy for life is contagious, and she is rising in her role as an inspiration and mentor to women everywhere as she helps them savor life and enjoy their family, their friends, and themselves.

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