



Journey Into Depth: The Experience of Initiation in Monastic and Jungian Training

Mary Wolff-Salin

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Journey into Depth is a thorough comparison of monastic formation and preparation for becoming a Jungian psychoanalyst: two domains that share deep similarities in the experience of initiation. Using anthropological guidelines, Sister Mary Wolff-Salin discusses the three stages of an initiation process: separation, a period of liminality, and integration. Of these three periods, Wolff-Salin focuses on the liminal stage and experiences, such as an ordeal, obedience to elders, receiving of tradition handed down, and spiritual guidance. Journey into Depth bases its monastic reflection on a fictional journal that combines true human encounters to encompass many historical experiences. Wolff-Salin provides in-depth analysis of what happens within a human psyche when undergoing a prolonged period of initiation into a new way of living. Reflections on Jungian training are based on interviews with trainees and recently qualified analysts. Of interest to monastics and those studying the interplay between psychology and spirituality, Journey into Depth draws together threads--both spiritual and psychological--and gives valuable insight to the initiation process. Woff-Salin also illustrates a deep commonality of experience as well as spiritual consequences in terms of growth.

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Playing with family within a park, coming to see the marine world or hanging out with close friends is thing that usually you might have done when you have spare time, then why you don't try issue that really opposite from that. 1 activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Journey Into Depth: The Experience of Initiation in Monastic and Jungian Training, it is possible to enjoy both. It is very good combination right, you still want to miss it? What kind of hang-out type is it? Oh seriously its mind hangout people. What? Still don't have it, oh come on its called reading friends.

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