



The Happy Baker: A Girl's Guide To Emotional Baking

Erin Bolger

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20+ 30+ years of dating fiascos

60+ down-home, comforting recipes

1 pink baking hammer, with apron and lip gloss to match

Many (many) bottles of wine

Too many tears

A whole lotta laughter

Yields: 1 very happy baker

We've all been there.

The blind date from hell. The Big Hurt.

The guy who details his various surgeries over Caesar salad on the first date.

Who needs a pint of rocky road when you can head to the kitchen and work out your heartache with a whisk and a bottle of wine? Erin Bolger has been there, dated that and baked through it all. Turns out the more bitter the heartbreak, the sweeter the batter. So don't cry over bad dates, bad boyfriends or bad breakups—whip up a batch of My-Mom-Didn't-Like-You-Anyway Cupcakes and bake yourself happy.

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