



Eat Right For Your Baby: The Individulized Guide to Fertility and Maximum Heatlh During Pregnancy (Eat Right 4 Your Type)

Peter J. D'Adamo, Catherine Whitney

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Dr. Peter J. D'Adamo applies his bestselling blood type diet plan to expectant parents and infants. This one-of-a-kind guide offers methods of maximizing health from fertility through every stage of pregnancy and the baby's first year:

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