



Stay Out of My Hair

Suzanne Mouton-Odum, Ruth Golomb

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Stay Out of My Hair is a guide for parents of children with compulsive hair pulling, or trichotillomania, that explains the nature and causes of the problem and methods for treatment and obtaining help. The book also addresses the particular challenges facing parents in dealing with this little known and misunderstood behavior, which is common among children and adolescents.

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