



# Think Like a Pancreas: A Practical Guide to Managing Diabetes with Insulin--Completely Revised and Updated

*Gary Scheiner*

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## **Think Like a Pancreas: A Practical Guide to Managing Diabetes with Insulin--Completely Revised and Updated** Gary Scheiner

Few diabetes books focus specifically on the day-to-day issues facing people who use insulin. In this fully updated and revised edition, diabetes educator Gary Scheiner provides the tools to “think like a pancreas”—to successfully master the art and science of matching insulin to the body’s ever-changing needs. Comprehensive, free of medical jargon, and packed with useful information not readily available elsewhere, this new edition covers the many strides taken in diabetes education and management since the first edition seven years ago.

***Think Like a Pancreas* includes critical information, such as day-to-day blood glucose control and monitoring, designing an insulin program to best match your lifestyle, up-to date medication and technology, and new insulin formulations and combinations.**



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