



Caregiving in Alzheimer's and Other Dementias

(Yale University Press Health & Wellness)

Eric Pfeiffer

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Practical. Easy to read. Comprehensive. Encouraging. Accurate. All of these words describe this indispensable book that belongs in the hands of all family members and other caretakers of people who have been diagnosed with Alzheimer's disease or other dementias.

Dr. Eric Pfeiffer, a physician who has devoted thirty years to patients suffering from all forms of dementia, here distills the wisdom of those years for the benefit of caregivers confronting some of life's most challenging days. Dr. Pfeiffer's genuine compassion and wise advice are certain not only to reduce caregiver stress but also to improve the patient's quality of life.

In these pages are specific tips for all stages of caregiving, from the initial realization of the problem through mild, moderate, and severe stages of dementia, and even beyond, when a caregiver begins to resume a full life after the patient's death. Dr. Pfeiffer identifies specific problems and provides practical solutions. He explains the importance of support groups and many other means of dealing with stressful days. For experienced caregivers and those new to the challenges, this book will be a profoundly useful guide to coping successfully.



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