



How I Did It: Survival Guide for Cirrhosis

Kenneth G. Haywood

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I am not only the author of this book but I'm also the one who had to survive after being told I only had 3 months to live 5 years ago. I guess even doctors make mistakes as do all of us. I tried to articulate the importance of being well informed about this deadly illness. I described how I had to change one thing about myself. Everything! I not only survived this long but I'm also able to attend college, work in HVAC, and manage a terminal disease with the help of God who I made a closer connection to through Alcoholics Anonymous. I'm grateful for my new life thanks to my family and friends so now I want to help as many people as I can with this book. God Bless.

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