



Cook & Freeze: 150 Delicious Dishes to Serve Now and Later (Paperback) - Common

By (author) Dana Jacobi

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Busy cooks know that using free time and weekends to stock the freezer for weeknight meals is less stressful than trying to cook last minute. This book reveals the secrets to cooking and freezing dishes one day in order to eat well for the next several, saving time and money and avoiding the unhealthy takeout track.

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