



# **Holly Clegg's Trim & Terrific Gulf Coast Favorites: Over 250 easy recipes from my Louisiana Kitchen**

*Holly Clegg*

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**LOOKING FOR THE BEST EASY, HEALTHY, SOUTHERN RECIPES?** Holly's Louisiana cookbook with her mouth-watering 30-minute simple recipes includes classic Cajun recipes and southern cooking. Clegg, author of the best-selling trim&TERRIFIC cookbook series, expertise is creating easy and healthy family meals, Nutritional information included with each recipe.

- 30- Minute Family Recipes
- Over 250 Healthy Recipes with Nutritional and Diabetic Information
- Simple *Seafood Recipes*
- Louisiana Menus with *Chicken & Sausage Gumbo, Crawfish Etouffee, Bread Pudding*
- *Pantry Stocking Guide* for Easy Cooking
- Symbols with *Vegetarian recipes* and *Freezer-Friendly Recipes*
- Easy Favorite Southern Recipes

Holly's 30-minute family recipes are time saving, pantry friendly and best of all, absolutely delicious! In keeping with her tradition, all of the recipes are easy, everyday, and healthier - perfect for our busy lifestyles. Holly personally tests all of her recipes and hopes while enjoying a repertoire of mouth-watering recipes from *Blackened Chicken Fingers* to *Red Velvet Cake*, everyone will eat healthier food while enjoying Cajun, Creole and southern cooking.



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