



# The Map of the Soul: Discovering Your True Purpose

*Tricia Brennan*

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# The Map of the Soul: Discovering Your True Purpose

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**The Map of the Soul: Discovering Your True Purpose** Tricia Brennan

**A handbook for those looking to discover their higher soul's purpose and their life's meaning**

Designed and set up as a step-by-step, 12-week guide, this invaluable book encourages the reader to record insights and gather vital clues, which will ultimately reveal the bigger picture of who they are and what is possible in this life. By the end of the book readers will have learned the answer to these questions and determined if their life has a deeper meaning. This book is the culmination of the author's work as an intuitive counselor and spiritual teacher, investigating the nature of soul and spirit. She combines unique wisdom with practical, informative exercises to help the reader discover, or rediscover, their particular skills and talents, and determine and remove the obstacles that hold them back from freedom and happiness.

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