



The Not So Big Life: Making Room for What Really Matters

Sarah Susanka

Download now

[Click here](#) if your download doesn't start automatically

The Not So Big Life: Making Room for What Really Matters

Sarah Susanka

The Not So Big Life: Making Room for What Really Matters Sarah Susanka

Have you ever found yourself asking, “Is this all there is to life?” Or wondering if this bigger life you have created is actually a better life? And do you wonder how it all got so out of control?

In her groundbreaking bestseller *The Not So Big House*, architect Sarah Susanka showed us a new way to inhabit our houses by creating homes that were better—not bigger. Now, in *The Not So Big Life*, Susanka takes her revolutionary philosophy to another dimension by showing us a new way to inhabit our lives.

Most of us have lives that are as cluttered with unwanted obligations as our attics are cluttered with things. The bigger-is-better idea that triggered the explosion of McMansions has spilled over to give us McLives. For many of us, our ability to find the time to do what we want to do has come to a grinding halt. Now we barely have time to take a breath before making the next call on our cell phone, while at the same time messaging someone else on our Blackberry. Our schedules are chaotic and overcommitted, leaving us so stressed that we are numb, yet we wonder why we cannot fall asleep at night.

In *The Not So Big Life*, Susanka shows us that it is possible to take our finger off the fast-forward button, and to our surprise we find how effortless and rewarding this change can be. We do not have to lead a monastic life or give up the things we love. In fact, the real joy of leading a not so big life is discovering that the life we love has been there the entire time. Through simple exercises and inspiring stories, Susanka shows us that all we need to do is make small shifts in our day—subtle movements that open our minds as if we were finally opening the windows to let in fresh air.

The Not So Big Life reveals that form and function serve not only architectural aims but life goals as well. Just as we can tear down interior walls to reveal space, we can tear down our fears and assumptions to open up new possibilities. The result is that we quickly discover we have all the space and time we need for the things in our lives that really matter. But perhaps the greatest reward is the discovery that small changes can yield enormous results. In her elegant, clear style, Susanka convinces us that less truly is more—much more.

From the Hardcover edition.



[Download The Not So Big Life: Making Room for What Really M ...pdf](#)



[Read Online The Not So Big Life: Making Room for What Really ...pdf](#)

Download and Read Free Online The Not So Big Life: Making Room for What Really Matters Sarah Susanka

From reader reviews:

Michael Gibson:

In this 21st millennium, people become competitive in every single way. By being competitive today, people have to do something to make these survive, being in the middle of the actual crowded place and notice through surrounding. One thing that at times many people have underestimated the idea for a while is reading. That's why, by reading a publication your ability to survive boost then having chance to stay than other is high. For you personally who want to start reading a new book, we give you this specific The Not So Big Life: Making Room for What Really Matters book as basic and daily reading e-book. Why, because this book is more than just a book.

Shawn Hodgin:

The Not So Big Life: Making Room for What Really Matters can be one of your nice books that are good idea. Most of us recommend that straight away because this publication has good vocabulary which could increase your knowledge in vocabulary, easy to understand, bit entertaining but still delivering the information. The article writer giving his/her effort to get every word into satisfaction arrangement in writing The Not So Big Life: Making Room for What Really Matters however doesn't forget the main point, giving the reader the hottest along with based confirm resource information that maybe you can be considered one of it. This great information could draw you into completely new stage of crucial imagining.

Christina Webb:

A lot of e-book has printed but it is unique. You can get it by web on social media. You can choose the very best book for you, science, comedy, novel, or whatever simply by searching from it. It is known as of book The Not So Big Life: Making Room for What Really Matters. You can contribute your knowledge by it. Without leaving behind the printed book, it could possibly add your knowledge and make a person happier to read. It is most important that, you must aware about guide. It can bring you from one spot to other place.

Jack Bell:

What is your hobby? Have you heard which question when you got students? We believe that that question was given by teacher for their students. Many kinds of hobby, Every person has different hobby. And also you know that little person such as reading or as looking at become their hobby. You should know that reading is very important and book as to be the matter. Book is important thing to include you knowledge, except your own personal teacher or lecturer. You find good news or update regarding something by book. Numerous books that can you decide to try be your object. One of them is The Not So Big Life: Making Room for What Really Matters.

Download and Read Online The Not So Big Life: Making Room for What Really Matters Sarah Susanka #4TDPURI68HS

Read The Not So Big Life: Making Room for What Really Matters by Sarah Susanka for online ebook

The Not So Big Life: Making Room for What Really Matters by Sarah Susanka Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Not So Big Life: Making Room for What Really Matters by Sarah Susanka books to read online.

Online The Not So Big Life: Making Room for What Really Matters by Sarah Susanka ebook PDF download

The Not So Big Life: Making Room for What Really Matters by Sarah Susanka Doc

The Not So Big Life: Making Room for What Really Matters by Sarah Susanka MobiPocket

The Not So Big Life: Making Room for What Really Matters by Sarah Susanka EPub