



The Social Worker's Guide to Child and Adolescent Mental Health

Steven Walker

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The Social Worker's Guide to Child and Adolescent Mental Health provides a comprehensive guide to working with children and young people who are experiencing mental health problems, and equips the reader with the knowledge and skills to provide the best service to these vulnerable young people.

The first part of the book considers what role social work can play in child and adolescent mental health, and explores key ideas related to mental health and young people, including attachment issues, children's emotional development and common and complex mental health problems. The author then covers how social work skills and methods can be applied to working with children and young people with mental health problems, including guidance on assessment tools, intervention, and multi-disciplinary working. The final section focuses on the wider context, such as legislative and policy frameworks and the importance of considering cultural, spiritual and religious identity. Case examples, reflective activities and practical exercises are included to underpin theory and knowledge.

This book will be essential reading for all pre- and post-qualifying social work practitioners involved with children, adolescents and families, in particular those working in mental health settings, as well as approved mental health professionals.

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