



The EQ Edge: Emotional Intelligence and Your Success

Steven Stein

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What does it take to be a firefighter? Fighter pilot? Top of the heap in the sales department? A brilliant customer service advisor? Esteemed and respected corporate leader?

What does it take to get ahead? To separate yourself from the competition? Lead a less stressful existence? To be fulfilled in personal life and professional pursuits?

What is the most important dynamic of your makeup? Is it your A) intelligence quotient? Or B) emotional quotient?

If you picked "A", you are partly correct. Your intelligence quotient can be a predictor of things such as academic achievement. But it is fixed and unchangeable. The real key to personal and professional growth, and happiness, is your emotional quotient, which you can nurture and develop.

The EQ Edge, by Steven J. Stein and Howard E. Book, shows you how the dynamic of emotional intelligence works. By understanding EQ, you can build more meaningful relationships, boost your confidence and optimism, and respond to challenges with enthusiasm - all of which are essential ingredients of success.

The book features case studies and fascinating - and surprising - insights into EQ and the workplace. As an HR or line manager, this book will help you determine which personnel are the right fit for job opportunities and who among your staff will be the most promising leaders and drivers of your business. And because CEOs to front-line workers also have other roles - parent, spouse, caregiver to aging parents, neighbor, friend - *The EQ Edge* also describes how everyone can be more successful in these relationships.

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Joseph Rankins:

In this period of time globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information better to share. You can find a lot of sources to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher in which print many kinds of book. The actual book that recommended to your account is The EQ Edge: Emotional Intelligence and Your Success this publication consist a lot of the information of the condition of this world now. This kind of book was represented how can the world has grown up. The language styles that writer require to explain it is easy to understand. The writer made some investigation when he makes this book. Honestly, that is why this book appropriate all of you.

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