



# **Trauma, Culture, and Metaphor: Pathways of Transformation and Integration (Psychosocial Stress Series)**

John P. Wilson, Jacob D. Lindy

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In *Trauma, Culture, and Metaphor*, John Wilson and Jacob Lindy explore the language of both individual and collective trauma in an era dominated by globalization and interconnectedness. Through lucid, careful discussion, this important book builds a bridge between the etymology of trauma-related terms commonly used in Western cultures and those of other cultures, such as the Burundi-Rwandan *ihahamuka*. It also provides the clinician with a framework for working with trauma survivors using a cross-cultural vocabulary—one often based in metaphor—to fully address the experienced trauma and to begin work on reconnection and self-reinvention.



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