



Women in the Middle: Their Parent-Care Years, Second Edition (Springer Series on Life Styles and Issues in Aging)

Elaine M. Brody MSW DSc (Hon.)

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Women in the Middle was so-named because daughters, who are the main caregivers to elderly disabled parents, are caught in the middle of multiple competing demands on their time and energy. Since the first edition, women's responsibilities and the pressures they have experienced have increased and intensified. Dr. Brody revisits this phenomenon in this new, updated edition of her ground-breaking work.

Gain an insider's view of the harsh and sometimes joyful experience of caregiving presented by case studies and narratives. Dr. Brody describes and discusses the caregiving women's subjective feelings, experiences, problems, and the effects on their mental and physical well-being, life styles, relationships, and vocational activities.

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