



Autism: The Scientific Truth About Preventing, Diagnosing, and Treating Autism Spectrum Disorders--and What Parents Can Do Now

Robert Melillo

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From the bestselling author of *Disconnected Kids*, a clear and compassionate explanation of the causes of the autism epidemic—and a scientifically based approach for prevention and treatment.

As he travels the country helping parents and children cope with neurological disorders, Dr. Robert Melillo is always asked one question: Why? Why are autism rates exploding? But an equally important question always follows: What can we do about it as a society—and what can I do to help my child?

In this candid, research-based, practical book, Dr. Melillo presents the latest scientific explanation for how we got here and proven, drug-free strategies that parents can employ to help prevent, detect, and address the autism epidemic for themselves and their families.

With honesty and compassion, Dr. Melillo explains what the latest scientific research tells us about the role of genetic, environmental, and lifestyle factors, dispelling myths and replacing them with the facts. In addition, he presents early warning signs, a prevention plan for parents-to-be, and an intervention program for babies and young children.

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