



## Good and Angry: Exchanging Frustration for Character in You and Your Kids!

*Scott Turansky, Joanne Miller*

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Parents often feel angry when their children do the wrong things. But responding to children in anger rarely brings about the desired result and can even have a damaging effect instead. Yet anger doesn't have to be the enemy. It can be a trigger that makes parents even more effective. Dr. Scott Turansky and Joanne Miller show them how.

Recognizing the very real emotions parents feel, *Good and Angry* taps into the constructive side of parents' anger and teaches welcome strategies for addressing the things their children do to drive them crazy. Addressing common problem areas for children—such as annoying behavior, lying, not following instructions, and bad attitudes—this book outlines seven routines that will help children improve in these areas and allow them to thrive in their relationship with parents and with others.

In *Good and Angry*, moms and dads will come to understand anger's true purpose and how they can use it successfully in their day-to-day parenting. They will also learn new approaches that will solve many common problems and, in the process, help both them and their children grow closer to God.

*From the Trade Paperback edition.*



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